

MAGIC WATER @ DUNE ECO VILLAGE & SPA

December 2013
Newsletter



COURSE SEASON
2014

Dear Water friends,

Dimitri Klein, owner of the **DUNE ECO VILLAGE & SPA**¹ and I, Laurie Moerman, welcome you at the beautiful aquatic bodywork facility in India: **MAGIC WATER!**

Through this letter, we invite you to discover the training program of our fourth course season.



MAGIC WATER has been designed and built as “the House of Aquatic Bodywork” by our great friend architect Nils², and is situated in the lush heart of one of the greatest Eco Village & Spa resort in Southern India. Magic water is based on the Vastu Shastra principle (Indian Feng Shui) by Dr Prabaht Poddar.



MAGIC WATER grand inauguration was blessed by Harold Dull, founder of WATSU® and TANSU in a memorable water session on March 28, 2010.



We are proud to announce that we now open our Course bookings for the 2014 season. Join us in « Magic » water soon!

http://www.thedunehotel.com/index.php?page=magic-watercourse&hl=en_US
bluelaurie.moerman@gmail.com / magic.water.india@gmail.com

Below, you will find details on the following:



- 1- The schedule for the season
- 2- Course Details and Beside
- 3- General course information
- 4- How to book your course!



¹ www.thedunehotel.com

² www.mancinidesign.com

THE SCHEDULE FOR THE SEASON



Dates	Courses	Teachers	Hours	Fees	Page
Jan. 25 th	Presentation of VASTU-GEOBIOLOGIE	Dr.Prabhat Poddar	4h	INR 1500	4
Jan. 31 st – Feb. 2 nd	TANTSU Basic	Linda De Lehman	16h	INR 8800	4
Jan.31 st – Feb. 5 th	TANTSU 1	Linda De Lehman	50h	INR 27400 (390€)	5
Feb.7 th -9 th	ART of Aquatic Conscious Touch	Linda De Lehman	16h	INR 8800 (115€)	5
Feb.15 th -16 th	“AQUA-UNION” «Valentine day»	Linda De Lehman	12h	INR 6800 (85€)	5
Feb. 18 th	Introduction to Water	Laurie Moerman	4h	INR 2000 (25€)	6
Feb. 22 nd – 23 rd	«AQUA-Heart HEALTH”	Linda De Lehman	12h	INR 6800 (85€)	6
Feb. 27 th	Magic Water’s Meditation& AiChi	Magic Water’s Team	4h	INR 1000	6
Mar. 1 st -2 nd	AQUAREFLEXO	Laurie Moerman	14h	INR 7800 (95€)	6
Mar. 3 rd	Pool Training & Supervision				6

Mar. 5 th – 8 th	ATC (Assistant Training Course)	Linda De Lehman	20h	INR 17600 (210€)	7
March 9 th Eve	Celebration from land to water: Jam/ Impro/ Performance/ Dance.....				7
Mar. 11 th -12 th	Dance in Liquid Space - Moving with the elements	Yanaël Plumet & Sophie Costes	14h	INR 7800 (95€)	7
Mar. 14 th -16 th	WATERBASE	Sophie Costes	18h	INR 10200 (125€)	8
Mar. 18 th – 20 th	WATERNESS 1 Waterness journey™	Sophie Costes	18h	INR 10200 (125€)	8
Mar. 22 nd - 27 th	WATSU 3	Linda De Lehman	50h	INR 27800 (350€)	8

COURSE DETAILS

Course fees/lunch/snacks/tax included in the price.
Exceptional offer for accommodation (page 11)

PRESENTATION VASTU-GEOBIOLOGY with Dr. Prabhat Poddar "BRINGING THE SACRED BACK INTO ARCHITECTURE"

25 January 2014 Half day (2.00 pm to 6.00 pm) Course Fee: INR 1500

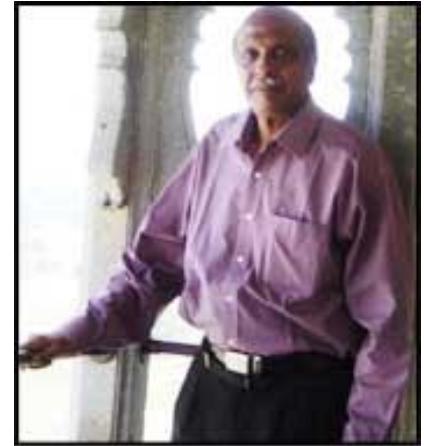
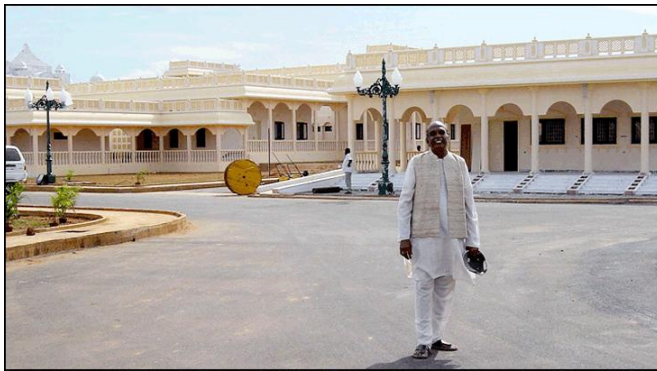
Course Time: 4 hours

Pre-requisite: There is no special requirement to attend this course.

For a given 9 training modules

Dr.Prabhat Poddar AKASH FOUNDATION

<http://www.akashfoundation.com> Translation in English, French



Dr. Prabhat Poddar

TANTSU Basic with Linda De Lehman

31 January–2 February 2014 Course Fee: INR 8800

Course Time: 16 hours (3 days)

Pre-requisite: There is no special requirement to attend this course.

"TantSU" is based on Zen-Shiatsu and was inspired by Harold Dull. It is a similar bodywork therapy to Watsu that frees the body on land, as we do in water. Students will connect to the breath and explore a creative sequence of positions and movements similar to "Yoga-Contact-Stretching". You will learn to use your body to stretch meridians, muscles and rotate articulations while holding energetic centers. A TANTSU session evolves a "free-style" dance-like bodywork based on the respiration of the receiver, thereby simultaneously relaxes the physical body and mind while raising the body's vital energy.



Tantsu is an Experience for Everyone!
Couples, Family & Friends

TANTSU 1 with Linda De Lehman

31 January – 5 February 2014 Course Fee: INR 27400 (390€)

Course Time: 50 hours (6 days)

Pre-requisite: There is no special requirement to attend this course.

Translation in English, Portuguese, Italian, Spanish and French

Worldwide Aquatic Bodywork Association registration & credit hours



ART of Aquatic Conscious Touch with Linda De Lehman

7-9 February 2014 Course Fee INR 8800 (115€)

Course Time: 16 hours (3 half days)

Pre-requisite: There is no special requirement to attend this course.

Watsu Supervision: A Meditative exploration for body-breathwork in motion!

On land and water!

Translation in English, Portuguese, Italian, Spanish and French

Worldwide Aquatic Bodywork Association registration & credit hours

“AQUA-UNION” - «Valentine day» with Linda De Lehman

15-16 February 2014 Course Fee: INR 6800 (85€)

Course Time: 12 hours (2 days)

Pre-requisite: There is no special requirement to attend this course.

Watsu week end for couples, family and friends

Love vibration

Translation in English, Portuguese, Italian, Spanish and French

Worldwide Aquatic Bodywork Association registration & credit hours



Introduction to Water with Laurie Moerman

18 February 2014 Course Fee: INR 2000 (25€)

Course Time: 4 hours (half day)

Pre-requisite: There is no special requirement to attend this course.

Discover the feeling of being floated and the movement of the breath of the body with the flow of water.

Translation in English and French



"AQUA-Heart HEALTH" with Linda De Lehman

22-23 February 2014 Course Fee: INR 6800 (85€)

Course Time: 12 hours (2 days)

Pre-requisite: There is no special requirement to attend this course.

Includes water and land meridian stretches, a movement «Diet»

Clients: men and woman to stimulate digestion, lose weight...

Translation in English, Portuguese, Italian, Spanish and French

Worldwide Aquatic Bodywork Association registration & credit hours



Magic Water's Meditation & Aichi

27 February 2014 Course Fee: INR 1000

Course Time: 4 hours (8.30am to 11am / 4.30pm to 6pm)

Pre-requisite: There is no special requirement to attend this course.

AQUA REFLEXO[©] 1 with Laurie Moerman

1-2 March 2014 Course Fee: INR 7800 (95€)

Course Time: 14 hours (2 days credit)

Pre-requisite: There is no special requirement to attend this course.

Aqua Reflexo[©] is a new method of aquatic bodywork which consists in stimulating reflex points of all organs through acupressure on the reflex points and promoting relaxation. The pressure points are less sensitive but the work on the body is deeper within flow water than on land. The energetic system becomes balanced. This course takes place between land and water by addressing the action on the meridians and the wonderful sensation of floating by the Watsu®. An approach of the theory of reflexology adjusted with the pleasure of the practice in warm water.

Translation in English and French



Training & Supervision pool

3 March 2014

ATC (Assistant Training Course) with Linda De Lehman

5-8 March 2014 Course Fee: INR 17600 (210€)

Course time: 20 hours (4 days)

Pre-requisite: Pending completion of Watsu® Practitioner certification.

While students without Watsu® Practitioner requirements completed may enroll in this class, they are not eligible to assist in any training until their Practitioner as a Watsu Practitioner is completed and listed on the WABA registry.



This class is designed to:

- ☯ To understand the teaching of Watsu at a deeper level
- ☯ Learn basic communication and feedback skills
- ☯ Enrich listening skills
- ☯ Enrich the ability to “see” the big picture in assessing participants needs
- ☯ Discover and implement basic adult learning differences
- ☯ Discover and implement the role of logistics in trainings
- ☯ Work on one’s self-development by serving others

Translation in English with support in French, Italian, Spanish and Portugues.
Worldwide Aquatic Bodywork Association registration & credit hours

Celebration from land to water

9 March 2014 Night

Time: from 5pm to 10pm

Jam /Impro/Performance/Dance.....

Dance in Liquid Space - Moving with the elements with Yanaël Plumet & Sophie Costes

11-12 March 2014 Course fee: INR 7800 (95€)

Course Time: 14 hours (2 days)

Pre-requisite: There is no special requirement to attend this course.

Between technique and flow, 2 days of movement and breath awareness gently leading towards a free form of dance on land and in the water.

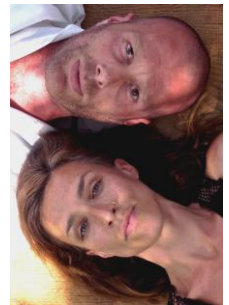
An invitation to investigate in movement the shifts of dynamics opened by the three elements Air, Earth and Water.

We will use elements of aquatic work, above and below the surface, combined with Contact-dance and movement technique in order to integrate the ease of being in warm water with the enjoyment of dancing with others.

Translated in english, french and spanish

www.yanaelplumet.com

www.padamoon.com



WATERBASE basic course with Sophie Costes

14-16 March 2014 Course Fee: INR 10200 (125€)

Course Time: 18 hours (3 days Waterness journey™)

Pre-requisite: Open to all, from the curious to the water lover

Exploring the fundamentals of underwater work.

Developing some technique by understanding the specificity related to the water element. Practice of moves, immersions, breath awareness & how to use hydrodynamics support. Investigation of spiral movements, resistance & 'flow' with mini sequences to work as a duo or trio.

Complemented by an approach on land with anatomy of diaphragms and practice of stretches, WaterBase focuses on understanding the essence of underwater work, to safely play and exchange for all.

Translated in english, french and spanish



WATERNESS 1 with Sophie Costes

18-20 March 2014 Course Fee: INR 10200 (125€)

Course Time: 18 hours (3 days credits for Waterness journey™)

Pre-requisite: Open to all, from the curious to the water lover

The course offers a change for students who already have experience in water work. In the technique, we add the dimensions of timing and quality of listening.

The field of interactivity is opened. We move towards the possibility of a fluid and improvised dance where the receiver can potentially shift from passive to active, spontaneously interacting with the element and the one who support him.

The invitation is to break the traditional relationship of giver/receiver to evolve from primary movements to a dance of two, on and under the water line.

Complemented by somatic techniques and movement in water and on land, as well as meditation.

Waterness journey is an investigation for a new aquatic language.

http://www.youtube.com/watch?v=_KYBVk5OQjg

Translated in english, french and spanish

WATSU® 3 with Linda De Lehman

22-27 March 2014 Course Fee: INR 27800 (350€)

Course Time: 50 hours (7 days)

Pre-requisite: Watsu® 2, 20 practices and a recorded demonstration of mastery.

Watsu® 3 is for people who have given enough Watsu® sessions to develop a comfortable intuitive awareness of how to be with another person in the water and who are ready to further adapt and explore outside the form of Watsu® 2. Powerful stretches and advanced techniques including work at the pool wall and on the steps are introduced. Rolls that require a spontaneous adaptation to the new positions they lead you into are presented as a gateway into "Free Flow".

Translation in English, Portuguese, Italian, Spanish and French

Worldwide Aquatic Bodywork Association registration & credit hours

BESIDE THE COURSES

Exclusive for practitioners and students:

TIME FOR PRACTICE!!!

Wednesday: 12pm to 2pm> *Training*

400 rps per 1 hour (per couple)

Payment at spa reception before to start



Thursday: 12pm to 2pm> *Free Practice*



The Magic Water's Chart has to be read and accepted by each student by signing

Linda De Lehman

**W A B A Certified Watsu® Trainer/Coach Advisor
& Tantsu Instructor Trainer/Coach Advisor**



Available by appointment:

- Watsu® 2 Demonstration of Mastery, Watsu®, Waterdance and Tantsu sessions
- Watsu® SUPERVISIONS for ALL STUDENT LEVELS: Watsu® 1, 2, 3.
 - Receive a Watsu® Practice session GRATIS for students!

For more information:

- waba_linda@hotmail.com
- www.watsu.com
- www.tantsu.com

Course time: 9:00 am -6:00 pm

GENERAL INFORMATION

Course fees for all classes include the teacher's fee, manuals, certificates, lunches, snacks, practice days and/or evening practice (where noted) and tax. Our fees remain priced in Indian Rupees (INR) and as per Euros actual exchange rate.

Registration with WABA (Worldwide Aquatic Bodywork Association) with Linda De Lehman as well as procurement of audiovisual material for the course is not included in the fee but will be available for an additional administration fee at the time of the course venue.

MMAGIC WATER will provide floats and nose clips for student use during class and practice time.

Please be at MAGIC WATER at 8:30AM on the first day of class to sign-in, receive appropriate course materials, and pay final balances of your course fee. The daily schedule for each course will be set by the instructor and may differ from course to course.

TThe daily schedule for each course will be established on the first day of the course. All other important information regarding course details and MAGIC WATER will also be provided on the first day of each course.

If you have any questions, please feel free to contact by email Magic Water director Laurie at bluelaurie.moerman@gmail.com.

HOW TO BOOK YOUR COURSE!

Would you request more details before taking a decision, please email to Laurie at magic.water.india@gmail.com or bluelaurie.moerman@gmail.com.

Ready to book? Go onto our dedicated pages on The Dune hotel website www.thedunehotel.com and pre-register yourself through making a booking-request. Upon verification of the availability, we will open a payment-link through our on-line and secured registration system for you to deposit 50% of the course fee. The payment and confirmation of your deposit is the sole guarantee of a place on a course.

Final payment The payment for the balance 50% of the course fee is due no later than the first day of each course and should be paid in Rupees by cash or credit card. Kindly note that you will be able to begin the course only after such formality has been successfully fulfilled.

Refund conditions Course deposits are Refundable (less an administration fee of 10% of the course fee) up to four weeks prior to the course start date-; deposit funds are Non-refundable if a cancelation is being made later than four weeks prior to the course start date, with the exception that another student takes your place and the course is fully subscribed, Course deposits are refundable in full if the course has to be cancelled for any reason by Magic Water Pvt Ltd.

Accommodation: Exceptional package for our students (8 places maximum) learning more than 30 hours in a cottage in Dune, 1500rps Accommodation per person per day, including breakfast. For more information please contact directly Central Reservation Office at booking@epok-group.com.